A village which plays chef
The vegetarian and non-vegetarian dishes of north Kerala are world famous, and among them the most sought-after are the traditionally prepared vegetarian dishes of the village of Annur in north Malabar. Annur is situated in the small town of Payyanur in Kannur district. The cooks of the region are so talented that they can send foodies to peaks of gustatory delight with their indigenous methods of preparation.
The most mouth-watering dish on offer at Annur is green gram pudding. The main ingredients are green gram, high quality jaggery and ghee [clarified butter]. The culinary artist works his ultimate magic when he adds dry ginger powder, cardamom powder and golden, ghee-roasted cashews. Unlike other parts of Kerala, Annur village does not add raisins in this pudding. This is to prevent the sourness of raisins to upset the delicate taste of the pudding as it cools.

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Koottu kari is a sure item in any traditional feast in north Malabar. Of all the varieties prepared across Kerala, the Annur version is easily the best. It is as though yam and raw banana, the chief vegetables used in Koottu kari, yield their special flavours only to the Annur chefs. Annur village in north Malabar waits patiently for connoisseurs who wander in search of dishes that will pamper their palates. Green gram pudding and Koottu kari are not the only items that woo such gustatory nomads. There is a mind-boggling variety that has the power to send every gourmet into a virtual journey of taste-experiences.
Places to Enjoy

- Payyanur
- Parassinikadavu Muthappan Temple
- Kunhimangalam
- Kavvayi Backwaters
- Valiyaparamba Beach

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Payyanur is beloved to many for its beautiful ‘Pavithra Mothiram’, an exquisite gold ornament that is unique to this region. It is essentially a sacred ring that is said to bring luck and prosperity to one’s life. Situated on the banks of River Perumba, major traditional ritual performances like Theyyam, Poorakkali & Kolkali draw huge crowds here.
Parassinikadavu Muthappan Temple

The Sri Muthapan Temple of Parassinikadavu stands on the banks of the Valapattanam River and is one of the most important shrines in Kannur. This pilgrim centre is famous for the Muthappan Theyyam performed here throughout the year.

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Kunhimangalam is a small village in Payyanur that is primarily known for its craftsmen, with bronze and bell metal art being the most famous. Referred to as moosaris, they also produce idols, lamps and other artefacts.
These are the most picturesque backwaters in Kannur and are connected to Payyanur by a bridge. Boat rides let visitors observe the villagers go about their daily duties diligently while soaking in the verdant visuals around them.
Visitors get to make their way through a winding lane, with doting palms on both sides, as they reach this quaint but lesser known beach.
Kavvayi Backwaters

Valiyaparamba Backwaters

Kunhimangalam